

A Waldorf 101 Workshop

Social Emotional Learning

Nurturing Resilience in our Children



Saturday

March 2, 2024

10:00 am – 12:00 pm

Eurythmy Room

- We will discuss the developmental stages of childhood through the lens of Waldorf education with longtime teacher and Pedagogical Chair, Ken Lavner.
- We will explore the SEL competencies we teach (self-awareness, self-management, social awareness, relationship skills, and responsible decision-making) and how you can nurture these capacities at home.
- We will focus on mindfulness activities, communication skills, and restorative practices.

*Taught by the Waldorf-trained teachers and SEL counselors,
Mimi Devens, LCSW, and Thea Bieling.*



Mimi Devens



Ken Lavner



Thea Bieling



This is a free event, but please RSVP and indicate Childcare needs, if any.

www.highlandhall.org/parent-education